Howard County Local Health Improvement Coalition Full LHIC Meeting 11/20/2014

State LHIC Annual Meeting

LHIC Annual Meeting

- State-wide Met 16 of 41 SHIP goals
 - Overall, not necessarily for subgroups
- Howard County:
 - Lowest rate of childhood obesity
 - Lowest rate of youth tobacco use
- DHMH evaluating SHIP measures
 - Which to continue, should any be removed?
 - Setting new targets
 - Renewed emphasis on addressing disparities

LHIC Annual Meeting

- Aligning needs assessments (CHNA) from:
 - LHIC
 - Hospital
 - FQHC
 - Schools/School-based health centers
- Ultimately, aligning CHNA with Community Benefit Plans

Future State of LHICs

• Funding Opportunities

- Still awaiting a decision on SIM funding for Community Integrated Medical Home. Potentially would include funding for population health at local level. Stay tuned.
- Community Health Resources Commission has released new funding opportunity focused on enhanced LHIC capacity – Letters of Intent due 11/18/14.
- DHMH is working HSCRC on <u>potentially</u> funding regional planning grants on hospital/community partnerships.
- With incentives aligned, hospitals are highly engaged in population health improvement. DHMH will be working with MHA, HSCRC, and others to strongly encourage the use of community benefits dollars to support population health interventions through the LHICs.



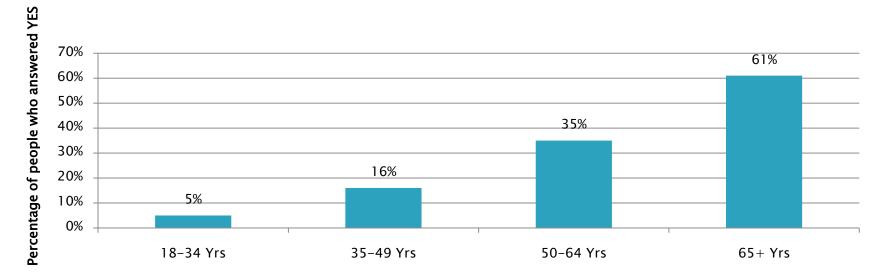
Howard County Local Health Improvement Coalition Healthy Aging Work Group

Why a Healthy Aging Work Group?

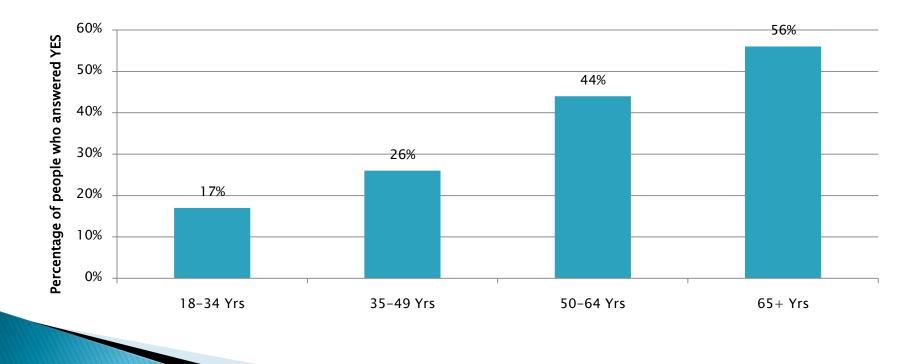
- Data disparities by age groups
- Hospital Priority Area
- Howard County Master Plan for the Aging Population
- New All-Payer Model incentives for communitybased care for high utilizers of hospital care
- LHIC partners already have initiatives in this area – track our collective progress

Local Data

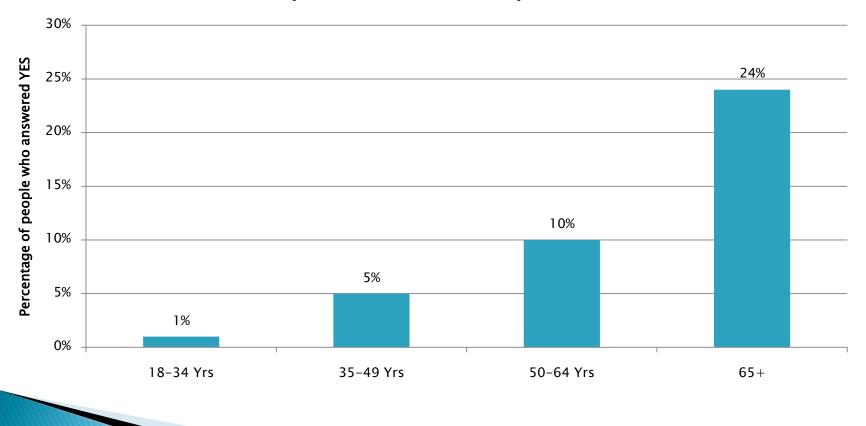
2014 Howard County Health Assessment Survey Q4.1 – Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?



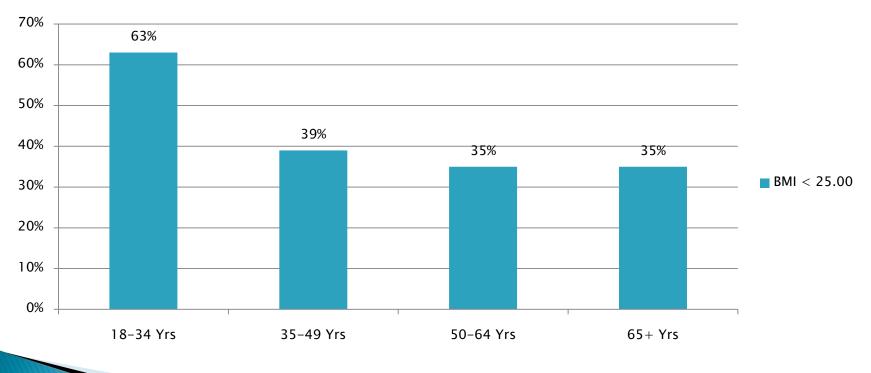
2014 Howard County Health Assessment Survey Q5.3 Have you ever been told by a doctor, nurse or other health professional that your blood cholesterol is high?



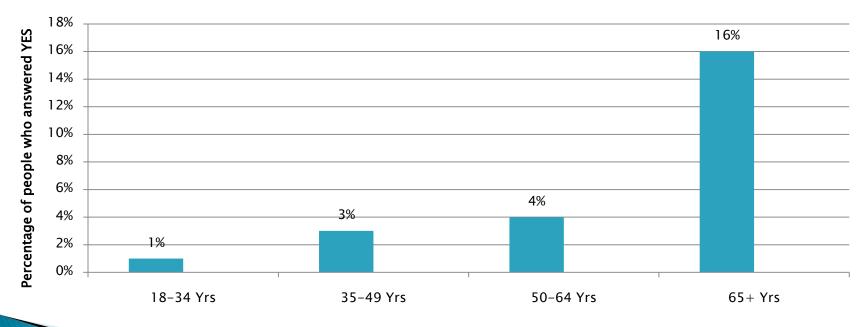
2014 Howard County Health Assessment Survey Q6.13 - Have you ever been told you have diabetes?



2014 Howard County Health Assessment Survey Percentage of Howard County residents at a healthy weight (BMI < 25.00)

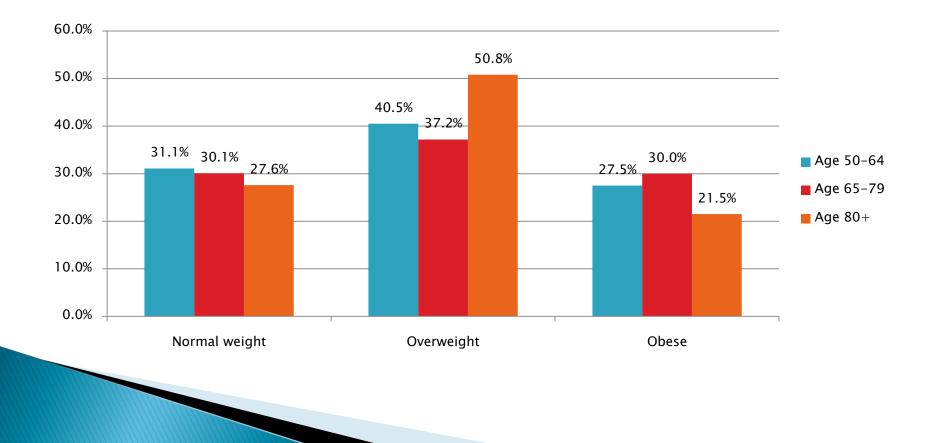


2014 Howard County Health Assessment Survey Q11.2 – Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

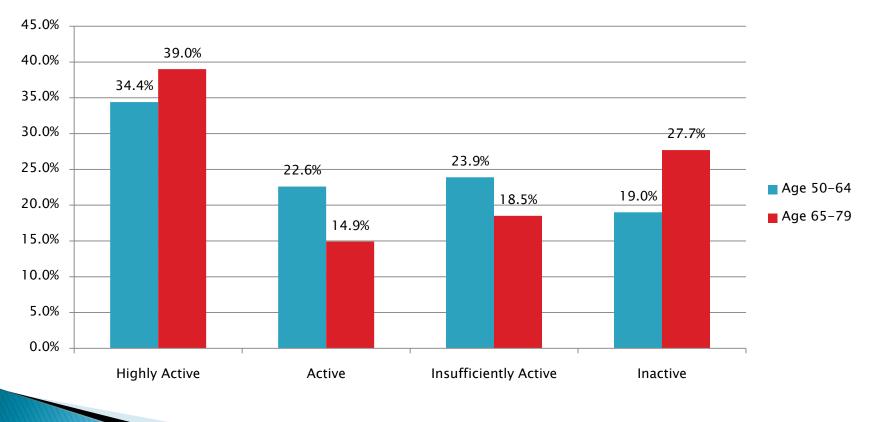


DHMH Data

2011-2013 Howard County BRFSS Data



2013 Howard County BRFSS Data



LHIC – Healthy Aging Work Group 2010–2013 Howard County Death Rates by Age Group

Cancer				Heart [Disea	
	50-64	65-79	80+		50-64	65-79
2010	7.0	24.5	49.8	2010	5.6	17.6
2011	7.1	28.2	60.1	2011	4.6	15.1
2012	8.5	28.6	49.4	2012	4.0	12.0
2013	9.1	26.2	62.0	2013	3.1	17.4

Fall-Related Death						
50-64 65-79 80+						
2010	0.3	1.4	4.6			
2011	0.1	1.5	7.5			
2012	-	0.9	6.9			
2013	0.1	0.3	5.8			

LHIC – Healthy Aging Work Group 2010–2013 Howard County Death Rates by Race and Ethnicity (Age 50+)

Cancer					Heart Disease				
	All Races	White	Black	Hispanic		All Races	White	Black	Hispanic
2010	5.7	7.2	2.5	0.2	2010	6.2	8.0	2.7	0.6
2011	6.5	7.9	3.9	1.6	2011	5.8	7.7	2.3	1.0
2012	6.8	8.4	3.2	1.8	2012	5.3	6.5	2.8	1.2
2013	7.0	8.5	3.8	0.4	2013	5.6	7.4	2.5	0.6

Fall-Related Deaths						
	All Races	White	Black	Hispanic		
2010	0.3	0.4	0.2	-		
2011	0.4	0.6	0.1	-		
2012	0.4	0.4	0.1	-		
2013	0.3	0.4	0.1	0.0		

Hospital CHNA

HCGH - FY 2013 Community Health Needs Assessment

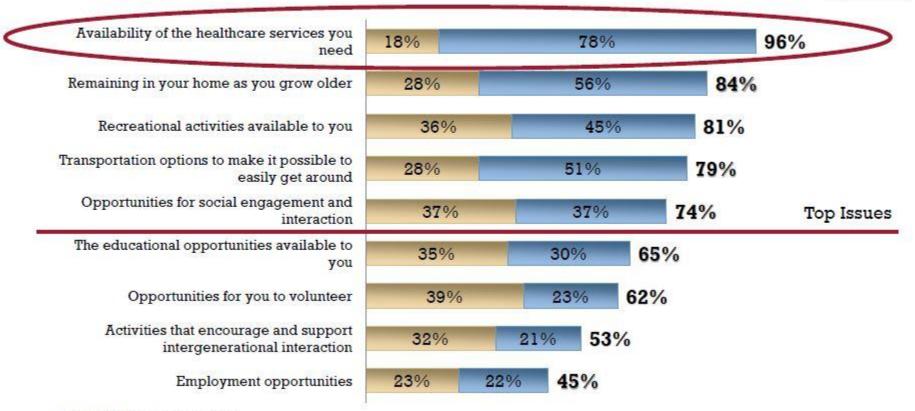
Hospital Priority #4.	Elderly Health Improvement				
Quantitative Reason	Local senior population (65+) projected to double in next 20 years. Senior population consumes disproportionate share of health care resources				
Qualitative Reason	Coordination of care across health delivery sites holds tremendous opportunities for improving lifestyle of seniors				
Hospital Strengths	Acute Care for Elderly (ACE) Unit Office on Aging Transition Care Nurse COGS Partnership AgeWell Exercise Program				
Alignment with local, regional, state, or national	Howard County LHIC: MD SHIP:				
goals	Healthy People 2020:				

HCGH - FY 2013 Community Health Needs Assessment

#	COMMUNITY HEALTH NEED	TARGET POPULATION	ACTION PLAN	GOALS	PARTNERING ORGANIZATIONS
4	Elderly Health Improvement	-Seniors (>65) -Caregivers and families of seniors	 -Extend person centered hospital discharge pilot. -Promote Howard Count Office on Aging (HCOA) to hospital patients, families, visitors. -collaborate with post-acute providers to connect patients with primary care, medical homes or other programs that facilitate more effective transitions of care. 	Improve case management services and coordinated health care for senior citizens to reduce repeat hospitalizations and increase the number of seniors living independently at home.	-HCOA -Howard County Health Department -Coalition of Geriatric Services -Local Post acute care providers (SNF, assisted living, rehabilitation facilities)

Howard County Master Plan on Aging

+ Availability of healthcare services was rated as most important to respondents



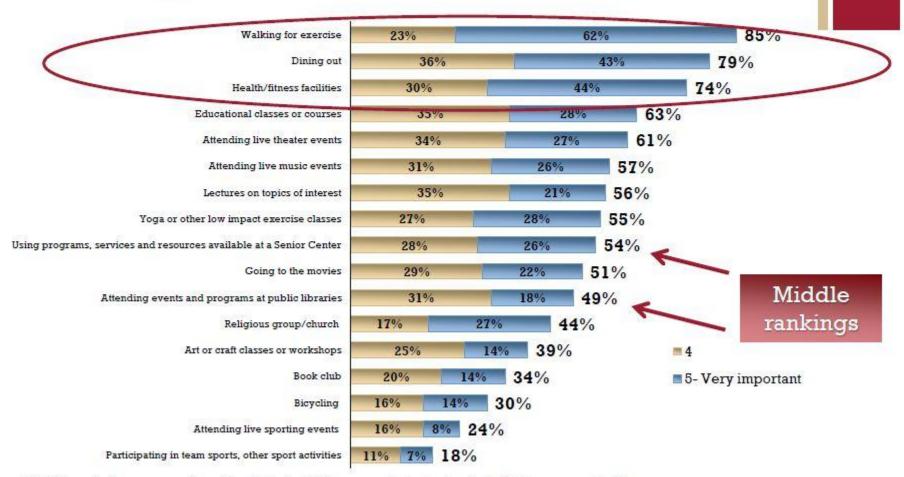
🛚 4 🔳 5- Very important

Q11. Thinking about your life in Howard County, for each of the following, tell us how <u>important</u> it is to you personally. Please use a scale of 1 to 5, where "1" means "Not at all Important" and "5" means "Very Important."



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+ Respondents rate fitness and dining out as most <u>important</u>



Q13. In a similar manner, here is a list of activities people typically do in their community. For each, tell us how <u>important</u> the activity or resource is to you personally. Please use a scale of 1 to 5, where "1" means "Not at all Important" and "5" means "Very Important."



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+ Mental sharpness and maintaining vitality are top priorities

Staying mentally sharp	11%	87%		98%
Maintaining overall vitality	19%	78%		97%
Being physically active	27%	66%		93%
Spending time with my family	23%	67 %		90%
Regularly socializing with people	34%	48%	82	%
Giving back to society	40%	31%	71%	
Volunteering and making a difference	38%	31%	69%	
Traveling	33%	34%	67%	
Exploring my spirituality	22% 2	6% 48%		
Putting my feet up and taking it easy	28%	7% 45%		
Looking younger than my age	19% 12%	31%		

4 S- Very important

Q9. As you grow older, thinking 10, 15 even 20 years into the future, tell us how important each of the following are to you personally. Please use a scale of 1 to 5, where "1" means "Not at all Important" and "5" means "Very Important."



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Timeline

- Meet with Office on Aging and other potential partners
- Identify leadership
- Recruit work group members
- Create Action Plan